



Ysgol Uwchradd Y Frenhines Elisabeth
Queen Elizabeth High School

PSE POLICY

AIMS AND OBJECTIVES

Personal, Social and Education (PSE) enables children to become healthy, independent and responsible members of society. In Queen Elizabeth High School, we encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the school council. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. They are encouraged to make healthy lifestyle choices through our approach to diet, exercise, relationships and the environment.

The aims of personal, social and health education are to enable our pupils to:

- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- have respect for others;
- be independent and responsible members of the school community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal social and health issues;
- develop good relationships with other members of the school and the wider community.

DELIVERY OF PSE

- PSE is delivered mainly through Meddwl Mlaen lessons at Key stage 3 currently and through Welsh BaccaLaureate lessons in KS4 and 5. There is a PSE audit available where some PSE topics are taught across the curriculum.
- We use a range of teaching and learning styles. We place an emphasis on active learning by including pupils in discussions, investigations and problem-solving activities;
- We encourage pupils to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of school special events such as an assembly, or involvement in an activity to help other individuals or groups less fortunate than themselves;
- We organise lessons in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom rules of behaviour;
- We offer pupils the opportunity to hear visiting speakers, such as health workers and the police (KS3 Timetales on Moodle), whom we invite into the school to talk about their role in creating a positive and supportive local community, and who contribute to the delivery of lessons on sex and relationships education;

- Some aspects are taught in the daily life of our school. One example would be the use of the ‘Achievement Points’ to reward and acknowledge good work, effort, behaviour and citizenship;
- Some aspects of PSE are delivered through other subjects, as seen in the outcomes of the PSE audit. There is also considerable overlap with the following aspects of our work:
 - Environmental sustainable development and global citizenship;
 - Spiritual and moral education;
- PSHE is also delivered through activities and whole-school events, examples of which include:
 - Our Student Council;
 - The Duke of Edinburgh Award Scheme;
 - An LNF day where PSE topics are delivered by a range of teaching staff / external providers with a focus on literacy and numeracy skills being used to produce extended pieces of work based on particular PSE issues.
 - Our participation in the Eco-schools Scheme [referred to in the Policy on Environmental Sustainable Development and Global Citizenship];
 - Our participation in the county’s ‘Healthy Schools Scheme’ [see below].

PSHE AND THE HEALTHY SCHOOLS SCHEME

Our involvement in the county’s scheme ensures that, while pupils are at school, they:

- Eat and drink healthily whenever possible, and acquire healthy eating habits;
- Learn about the importance of healthy eating for their own future health and that of their families and dependents;
- Develop the skills necessary to buy and prepare healthy meals and drinks;
- Develop their understanding of what healthy eating means;
- Develop their understanding of how their own bodies respond to food and physical exercise and how this affects fitness;
- Take responsibility for promoting actively the self esteem of other members of the school community;
- Take responsibility for developing good relationships in the daily life of the school;
- Help to identify, develop and communicate a positive ethos and appropriate social values;
- Help to enhance the environment of the school;

Our involvement in the county’s scheme also aims to:

- Develop and implement a coherent health education curriculum;
- Establish effective links with partner schools to ensure smooth transition, both socially and in relation to the development of the health education programme;
- Develop the school as a health promoting workplace with commitment to the health and well being of all staff;
- Develop the complementary role of other school policies to the health education curriculum;
- Develop partnerships with appropriate outside agencies and individuals, including the school health service, for advice and active support for health education and health promotion in the school;

ASSESSMENT AND RECORDING

Teachers assess pupils' work in PSHE both by making informal judgements as they observe them during lessons and by encouraging the children to carry out self-evaluation of their work and progress against our expectations. The current KS3 PSE Scheme of Work in Meddwl Mlaen lessons focuses on integrating Literacy and Numeracy skills within tasks set. These tasks are formatively marked according to the whole school Marking policy.

MONITORING AND REVIEW

The Meddwl Mlaen Coordinator is responsible for monitoring the quality of teaching and learning at KS3. A recent review of Meddwl Mlaen lessons was carried out and a report has been compiled.

Date established by governing body: 4th March 2008

Reviewed on: 11th December 2013

Next review date: 11th December 2014