



Canolfan Elfed

Inclusion Centre
Sixth Form Prospectus
2025/26





For all Sixth Form enquiries, please contact
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Foreword

Canolfan Elfed Sixth Form is a special place that ensures all our learners feel welcome and supported, our 6th form is a vital part of Canolfan Elfed. There are lots of opportunities and challenges facing students and the purpose of the 6th form department is to prepare our learners for their transition from school towards their future pathways. We aim to equip the learners with the skills that they will need as they progress onto their next steps and ensuring all students make the right choice is essential, as it allows them to be the best they can be.

Pupil-centred practice is at the heart of everything we do. We strive to, and are proud to offer a range of opportunities and experiences to encourage pupils to gain confidence and improve independence with a view that our pupils become:

Ambitious, capable learners who are ready to learn throughout their lives.

Enterprising, creative contributors who are ready to play a full part in life and work.

Ethical, informed citizens who are ready to be citizens of Wales and the world.

Healthy, confident individuals who are ready to lead fulfilling lives as valued members of society.

We are hopeful that Sixth Form will be one of the most enjoyable and important times of your child's life. We look forward to welcoming your child to Canolfan Elfed 6th Form!

Mrs Lisa Thomas



Inclusion Centre Manager, Canolfan Elfed.





Our school motto is "Ymlaen Gyda'n Gilydd/ Moving Forward Together" and we are determined that learners, staff, parents and carers will move together to provide our pupils with a journey to success.

Canolfan Elfed is a happy environment. We prioritise the wellbeing of our community and have the strategies and support in place to ensure that all our community are looked after and cared for. We value pupil voice and it plays an important role in shaping our curriculum.

In our Prospectus, we seek to provide you with information of our broad range of skills and opportunities provided for our pupils to follow their own bespoke path into adulthood.

16 - 19 Sixth Form - Ready for Life



Uniform

White Shirt

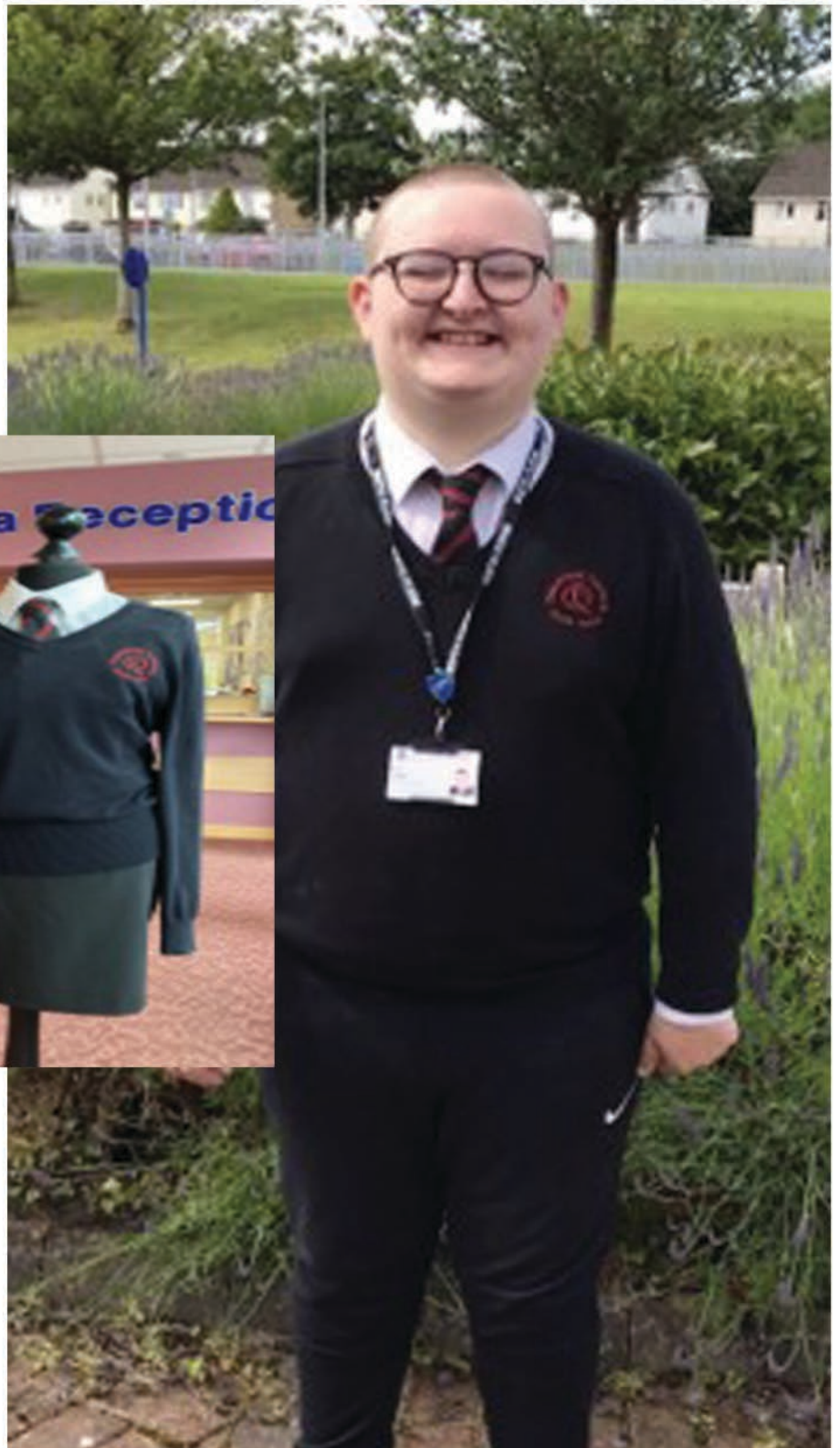
Black Jumper with Logo

Black Trousers

Black Skirt

Black Shoes

White Socks



Pupil Leaders

Pupils are given the opportunity to represent Canolfan Elfed as Head Girl or Head Boy, Senior prefects and school prefects on an annual basis. Pupils compile a communicative presentation to promote their vision for the position that they wish to apply for and a voting and campaign process provides a fun way to boost pupil communication and peer to peer interaction. This allows pupil to further develop friendships and gain a deeper understanding of their peers and their beliefs and values.

I have loved being Head Girl as I am more independent and grown up and I feel more like an adult. I have enjoyed making the younger students happy and making sure everything is ok. I handed programmes out with Mr Cooke for the Oliver show and I have showed people around to help raise money for the playground.



Sioned Harries
Head Girl

I have enjoyed being head boy of Elfed and I am proud of myself. I have met lots of visitors and walked around Elfed with them. I told them all about the different classrooms and fun things that we have in Elfed. I have been in lots of photos with important people for example the Mayor. I have said thanks to the people that have given us money to help us build our playground.



Ross Price
Head Boy



Curriculum Provision

In Sixth form, the focus starts to look beyond school life and onwards to enable pupils to be ready for life, post Canolfan Elfed. Exploring the world of work and achieving fulfilment in adulthood are integral to Sixth form, as well as well-being, healthy lives, healthy networks and relationships.

Pupils are encouraged to undertake work based activities and they also benefit from expert career advice with support from internal and external providers. We understand that the world of work may not be the route for all of our pupils, and so our prospectus sets out to highlight the opportunities and provisions available to them on their bespoke, post school journey.

Sixth form is also a time for exploring areas of personal independence – developing an understanding of meal preparation, kitchen hygiene and safety, handling money, time management and travel training to enable pupils to be as independent as possible and utilise their transferrable skills in many real life situations.

A Sensory curriculum underpins curricular opportunities and experiences for pupils who respond positively and effectively to sensory interventions. Canolfan Elfed pupils are able to access physical intervention programmes pertinent to their needs which include Physiotherapy, Hydrotherapy and Positive Relationship sessions which encompass topics such as Personal Hygiene, Puberty, Adulting, and Internet Safety.





ASDAN Life Skills Challenge

Our pupils follow the ASDAN life skills challenge programme to transition them successfully into the wider world. We structure learning with a focus on Literacy, Language and Communication, Mathematics and Numeracy and Health and Wellbeing, within a functional life skills programme.

We opted for Life skills Challenge because we wanted a programme that would help the learners develop greater independence and confidence as well as fostering those all important life skills. We also needed a resource that would provide a structure for activities in the community since the course involves learners getting out and about. In addition, it was important for us to find an easy and effective way of certificating the learning and skills development that's gained through activities in the community.

Life skills challenge is very popular with the learners. This is partly because there are many challenges available across a variety of topics such as Communication, Employability, Environment and Health and Wellbeing. We tailor the challenges to suit the group of learners, selecting activities that we know will be of interest to them and meet their learning needs.

The programme provides an effective structure for learning and it provides students with a greater sense of purpose when they undertake activities. Life skills challenge also encourages them to be more confident in making their own choices as well as staying safe, whether this is at home or out in the community. The challenges are accessible for each learner regardless of their ability.

From the teacher's perspective, Life skills challenge is an excellent resource because it is easy to deliver and the assessment methodology, the record of oral questioning and the observation checklist, are a quick and efficient way of assessing the learners and ensuring they've met the criteria for the challenges.



Work Based Activities

Canolfan Elfed has the highest number of pupils accessing work experience in the local community in comparison to other specialist settings, as evidenced in recently collated data and a number of pupils progress to secure part-time or full-time work as a direct result of their work based attendance.

All 6th formers are given the opportunity to participate in and attend a work based activity pertinent to them.

Some are not ready for full placements but visit work settings to become familiar with different types of work and what goes on behind the scenes.

Those on placements have a visit followed by 4 weeks of taster sessions if successful. A review is then held where it is agreed to continue with the placement or try something else. TAs accompany students to support with job-coaching and half-termly reviews and some progress to independent working with regular monitoring.

Placements are always combined with independent living skills, so the bus is caught outside the school and again on return. Independent Life skills may take the form of shopping, meeting others for lunch or visiting external support and providers, for example Carmarthenshire People First.



Canolfan Elfed has played a pivotal part in the Swansea Bay City Deal bid for the implementation of a digital, cross county employer register for employees who wish to offer work based activities or employment for young people with Additional Learning to promote inclusivity in the workplace.

The employer is offered digital training in ALN, with an effective digital platform operator co-ordinating a calendar of training opportunities for employers across South West Wales to take part in and attend an awareness raising Annual Careers event.

A digital platform listing disability confident employers is being produced (Disability Confident Employer Scheme), giving all our young people virtual insights into the world of work.



Living Pictures Outdoor Provision

Coed Dylan

We are very fortunate to have obtained an outdoor setting where students have the opportunity to practice life and work skills building resilience, confidence and self esteem.

Students benefit from a range of activities that are tailored to the individual making the most of their aptitudes but also giving them opportunities to try new things, stretch and challenge themselves and find out what they enjoy.

They work individually and in teams allowing the development of effective communication, negotiation and cooperation skills.

6th Form students support and mentor the younger pupils with the guidance of TAs.



Work-based and wellbeing activities include;

Horticulture

Tool maintenance

Bushcraft

Cooking over fire

Path making and maintenance

Mowing

Carpentry

Pond making and maintenance

Building- e.g pizza oven, tree house

Painting/decorating sheds

Wildlife monitoring

Art activities

Mindfulness

Mentoring younger pupils

Life skills



Plants grown by the team raised £500 which funded future activities. The plant sale is now an annual event with the students involved in all stages, including sales.

The emphasis is on well-being and access for everyone first, with the opportunities for independent living skills and work based activity, inherent within the sessions. The sessions run in all weathers, building resilience in the young people with plenty of options to work undercover and distanced if necessary.

The grants obtained to support our work and life skills experiences in Coed Dylan have enabled the access for wheelchair users and more physically disabled people to use the site and plans for wheelchair access to the polytunnel and the woodland for PMLD students will enable wider access for this group of students. Paths are also planned for the main garden to enable all students to take part in horticulture and the small cut flower enterprise started by the Elfed 6th formers.

One of the most important factors of attending is that the students can make mistakes. There is no pressure to get everything right as there would be on other horticultural sites where profit and appearance is an overriding consideration, and each individual can work at their own speed with tasks tailored to enable challenge and expectation without a level of stress. Students are encouraged to 'recall, remember, reflect', and during the process, practise developing narrative skills to engage in conversation and communicate appropriately. This has a direct impact on personal confidence, communication and self esteem.



Successful outcomes

Here are some examples of positive outcomes and progression for students and pupils from Canolfan Elfed, Queen Elizabeth High School attending Coed Dylan, prior and post transition.

Students and pupils have been attending Coed Dylan, (CD), for the last eight years to access outdoor activities and learn a range of skills in horticulture, conservation, bushcraft, woodwork and cooking.

Student A attended the project working with an emphasis on woodwork and construction. He was involved in raising and stabilising a shipping container, converting it into a woodwork/tool storage space and building the canopy extension attached as well as helping build and maintain structures and paths on site.

Towards the end of his final year, Student A's confidence had increased to a level where he was able to tell the group leader that he felt he had achieved everything he could at the project and needed to go back into the classroom to finish his school work, as attending the project had inspired him to go to college and pursue carpentry. This was a direct result of him attending Coed Dylan.

This student finished college and has secured work as a hospital porter at Prince Phillip hospital, Llanelli.

Student B was introduced to the programme by another 6th former who already attended and felt he would enjoy the challenge and benefit from the outdoor environment. Student B was lacking in self-confidence, had limited physical core strength and needed to develop his social skills.

He increased in self-confidence to go on and obtain a work experience placement at a local business where he ultimately attended, unaccompanied by school staff and was offered part-time work when he finished school. On leaving Canolfan Elfed he attended supported work experience in the community and has been working in a local hospital.



Positive outcomes noted in attendees:

Developments in:

Concentration
Effective communication
Active listening/narrative
Focus
Memory and retention
Mental and physical resilience
Mental well-being
Tolerance
Patience

Task-based skills
Decision making
Negotiation and cooperation
Self-confidence/self esteem
Mentoring
H&S awareness
Developing friendships across class/age groups

Young Enterprise

Young Enterprise is a programme to teach young people about entrepreneurship and business. All pupils are invited to participate and find a role that they feel comfortable with that best meets their skill set. Pupils really enjoy this creative process and begin to follow a programme initially to help them understand the structure and running of a business.

They explore their own strengths and where these could be applied within a company. With scaffolding, they establish a committee, run regular meetings, and start to develop ideas on how to raise capital to run their business and what business might suit their skill base. They then carry out research to find what products might sell.

Once they have established a business plan, they get hands on experience in making and designing products, setting up finances, keeping accounts, advertising and selling. They have the opportunity to compete in a number of competitions at both area and national level where they learn to speak to judges and deliver a presentation about their business experiences to a panel of judges and to a packed auditorium.



Our Young Enterprise pupils have been very successful and won many awards for their creative entrepreneurship, most recently in the Spring Term.

Throughout the process they are supported by an educational lead and a volunteer business adviser.

Students who have previously participated have described it as 'very amazing and fantastic' and 'a unique experience'. Staff involved have described it as 'an amazing learning journey where you really see our young people grow in confidence and independence'.



Duke of Edinburgh

Bronze Duke of Edinburgh is an award which is recognised all over the world, participants show a level of commitment over a six months time period.

The award is comprised of 4 sections:

Volunteering - where the participants carry out activities which are unpaid.

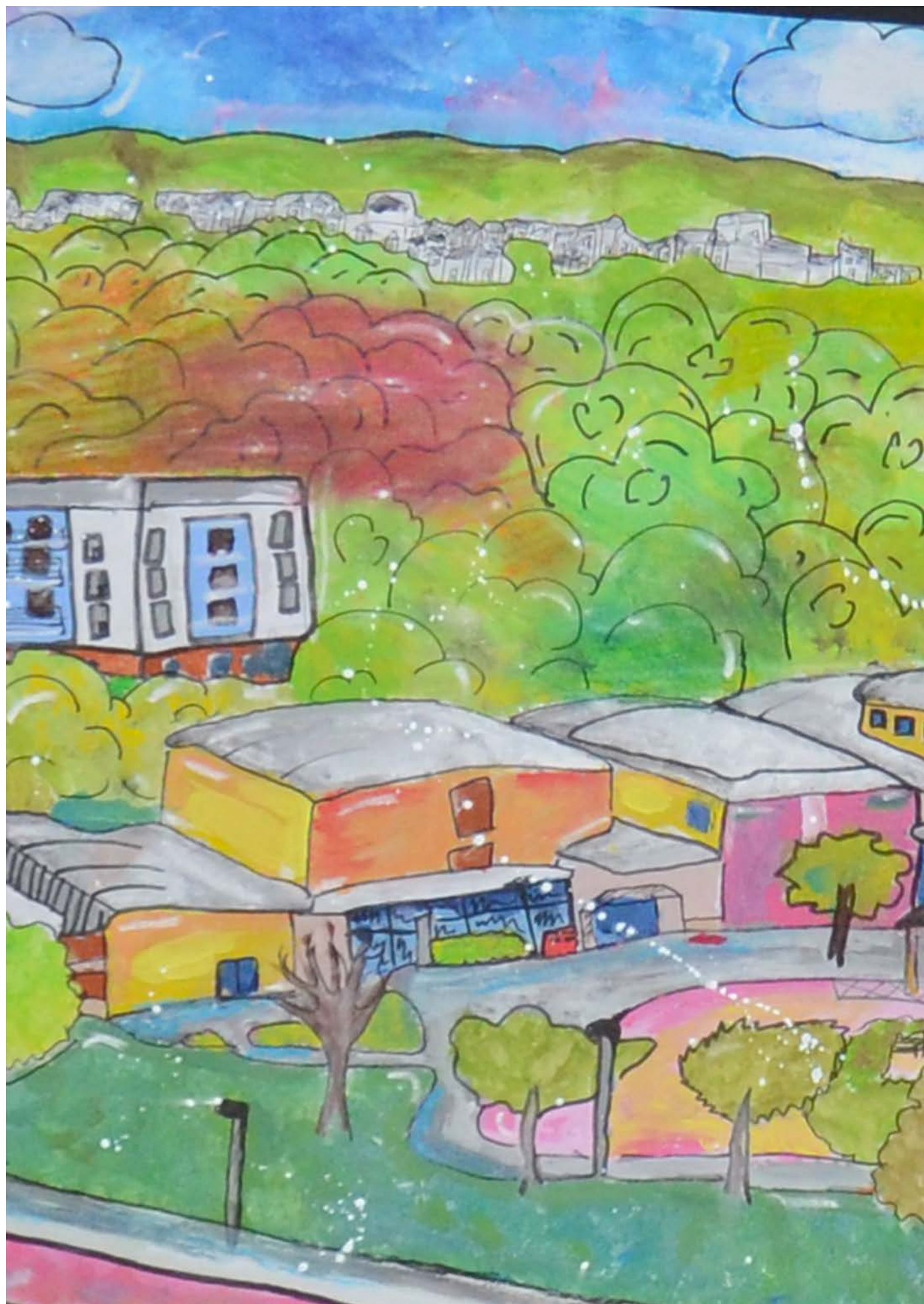
Physical - any activity which increases their heart rate, it can be an individual sport or team sport

Skill - where they learn and improve

At bronze the above sections take place over six months for one and the other two for three months. They undertake each activity for approximately an hour a week.

Expedition section comprises both a practise expedition and qualifying expedition. They work in teams of 4-7 to complete the over night expeditions. Both expeditions involve walking and then camping overnight, where they are self sufficient using only what they carry / take with them. Each expedition is run over 2 days with an overnight camp.





Post Canolfan Elfed - Support and Provision

Pupils in Canolfan Elfed follow a robust transition programme to find the best possible outcome for them when they leave Canolfan Elfed. Pupils can access independent living skills (ILS) and college courses in a wide range of practical and academic courses and attend taster sessions in these courses on a weekly basis.

Pupils can also visit day services provision within the local area with the option to attend when they leave Canolfan Elfed and all pupils are supported by County and Careers Wales to access a post school provision that meets their needs.



Here is an example of an ILS College course available to our pupils;

PATHWAY 1:

Personal and Social Development

Pathway 1 offers a wide range of opportunities to improve students' independence, health & wellbeing, and their sense of self within the community. Each student will be assigned person centred targets, designed to support, and shape a well rounded individual. In Pathway 1, we aim to support our learners through many mediums, including both practical and sensory provision, enabling each student to reach their own potential at a rate that suits them.

PATHWAY 2:

Personal and Social Development and introduction to Employment

This is an entry level programme designed for learners who may find a typical classroom environment challenging. It is an introductory course designed to encompass each learner's individual needs, in a safe and nurturing environment.

The course will develop learners' independent skills, encourage positive health and wellbeing, provide employability skills and community volunteering opportunities, and is designed to help build confidence in everyday living.

PATHWAY 3

Personal Growth and Wellbeing.

This is an entry level programme designed for learners who may find a typical classroom environment challenging. It is an introductory course designed to encompass each learner's individual needs, in a safe and nurturing environment.

It is a holistic, person-centred course to develop learners' independent skills, encourage positive health and wellbeing, provide employability skills and community volunteering opportunities and is designed to help build confidence in everyday living.

PATHWAY 4

Internships Stepping to Employment

Based in college 1 day and an external provider

This qualification provides learners with an in-depth understanding of the knowledge and skills needed when entering workplace environments. It covers all aspects of support in their internship, including: working with colleagues, health and safety awareness, communication in the workplace, career preparation and personal development.

All courses are 3 days per week.

Travel Training

Pupils will be given the opportunity to complete a travel training programme to enable them to become more independent in the outside community.

Pupils in Year 10, 11, 12, 13 and 14 are eligible for a concessionary travel card. This can be used when they are gaining life skills for travel training, travelling to their work-based activity placement with a member of staff to support them.

To obtain a concessionary travel card you will need to do the following:

Access the "Transport for Wales" website.

Click on - Concessionary travel card

Then - Apply for a disabled person's Welsh Concessionary Travel Card

It should take approximately 10 minutes to complete this form.

You will need:

-Your National Insurance number

-The name of your local council

(which can be found on your most recent council tax bill)

-A digital passport-style photograph of yourself

-Proof of name

-Proof of age and identification documents - driving licence, passport, or birth certificate

-Two proofs of address (such as utility bill, electoral roll registration)

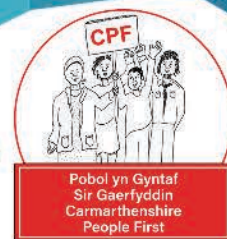
-Documentation regarding your eligibility for a disabled persons travel card

(scanned / photographed or digital)

-There is also an email address and a helpline number on the website



External Providers



Pupils have attended sessions with a variety of external providers to enhance their life skills and equip them for life in the wider community. Our Police liaison officer presented to our pupils about Internet safety and Cyberbullying, making, and retaining appropriate friendships, drug, and alcohol awareness, coping and safeguarding against peer pressure and Safety around Firework and Bonfire celebrations. We have a programme scheduled for the next academic year from the Shared Prosperity fund to reiterate and develop pupil knowledge in these skills to enable them to access life in the wider community.

Carmarthenshire People First visit the school to discuss their services, promote diversity and celebrate difference and inclusion. Some pupils have visited their service in Carmarthen whilst on work-based activities within their vicinity to promote their independence. This service will continue in the next academic year and is a valuable resource for our pupils.

Pupils are fortunate to work with providers of the Profi Cymru programme who offer support for young people to improve their skills for the world of work by encouraging them to identify their skills and strengths, and receive advice on how to confidently apply for jobs, if part of their skillset, by creating a CV, cover letter and application form. They also support preparation for interviews. Leavers will focus on these skills in the next academic year.

Profi providers encourage our pupils to take advantage of local opportunities including work experience, volunteering, apprenticeships, and jobs to discover that there are exciting opportunities to develop a career locally. The www.profi.cymru website includes digitally appealing advice along with a personal skills quiz which pupils participate in, a series of podcasts and films about the local growth sectors. Following advice on the site and taking advantage of experiences, learners will be able to identify the development of their skills and gain access to discounts in local shops and cafes and organisations.

Leavers also played a part in discussing the content and format of the Camau Cynaliadwy Cymru, Sustainable Steps Green Careers website, commenting on its suitability and accessibility for our pupils.

We have made important links with S4C and Yr Egin and will be embarking upon projects with them again in the next academic year.

Sixth Form Cafe

Pupils have their own Sixth form café provision which develops autonomy in a real-life situation.

They take pride in attending the Sixth form café and have their own area for them to eat and socialise with their peers.



Educational Maintenance Allowance (EMA)

- EMA is a payment for 16-18 year olds living in Wales, who want to continue their education after school leaving age.
- There are eligibility criteria that will determine whether you will get the payment.
- A booklet is available on the GOV.UK website:

<https://www.gov.uk/education-maintenance-allowance-ema>

- What is the EMA threshold for 2025?

You can get an EMA if you're aged 16, 17, 18 or 19 years on or between 2 July 2025 and 1 July 2026 and all of the following statements apply to you:

Your household income is £23,400 or less for households with one dependent child.

Your household income is £25,974 or less for households with more than one dependent .





